



Name: _____ Today's Date: _____

Mailing Address: _____

City: _____ State: _____ Zip Code: _____

Mobile Phone: _____ Home Phone: _____ Work Phone: _____

Date of Birth: _____ Age: _____ Marital Status: _____

Drivers License #: _____ SSN: _____ Spouse's Name: _____

Gender: M F E-mail (newsletters): _____

Patient's Employer/Business: _____ Occupation: _____

Emergency Contact Person: _____ Phone: _____

Known Allergies: _____ Are you Pregnant? Y N

Previous Chiropractic Care? Y N If yes, date of last appointment: _____

Present Complaint(s): _____

When did it begin? _____ Is it getting: better worse staying the same

Please rate your pain intensity on a scale of 0-10 (0=no pain, 10=most severe): _____

I have difficulty with: lifting walking standing sitting sleeping Other: _____

Have you ever been treated for this condition in the past? Y N

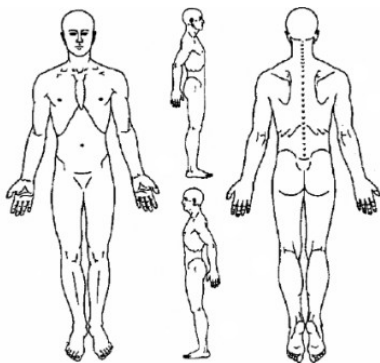
Please list any illnesses, injuries, surgeries, hospitalizations, or changes in your medical status since your last visit: _____

Please list any prescription & over the counter medications you are currently taking: _____

DO YOU HAVE INSURANCE? Y N Company: _____ Policy Group Number: _____

ID Number: _____ Cardholder's Name: _____ SSN: _____ DOB: _____

PAIN DIAGRAM: Please mark the location(s) of your pain on the figures below:



I understand and agree that health and accident insurance policies are an arrangement between the insurance company and myself. Furthermore, I understand that this office will submit charges, reports and forms to assist in the collection from the insurance company, and I understand that any amount authorized to be paid directly to this office will be credited to my account upon receipt. I permit this office to endorse co-issued remittances for the conveyance of credit to my account. However, I clearly understand and agree that all services rendered to me are charged directly to me and that I am personally responsible for payment.

Patient Signature: _____ **Date:** _____



Patient Name: _____

1. In general, would you say your health is: (choose one)

- (1) Excellent (2) Very Good (3) Good (4) Fair (5) Poor

2. Compared to one year ago, how would you rate your health in general now? (choose one)

- (1) Much better now than one year ago
 (2) Somewhat better now than one year ago
 (3) About the same
 (4) Somewhat worse now than one year ago
 (5) Much worse now than one year ago

The following items are about activities you might do during a typical day. Does your health now limit you in these activities? If so, how much?

3. Vigorous activities, such as running, lifting heavy objects, participating in strenuous sports:

- (1) Yes, limited a lot (2) Yes, limited a little (3) No, not limited at all

4. Moderate activities, such as moving a table, pushing a vacuum cleaner, bowling, or playing golf:

- (1) Yes, limited a lot (2) Yes, limited a little (3) No, not limited at all

5. Lifting or carrying groceries:

- (1) Yes, limited a lot (2) Yes, limited a little (3) No, not limited at all

6. Climbing several flights of stairs:

- (1) Yes, limited a lot (2) Yes, limited a little (3) No, not limited at all

7. Climbing one flight of stairs:

- (1) Yes, limited a lot (2) Yes, limited a little (3) No, not limited at all

8. Bending, kneeling, or stooping:

- (1) Yes, limited a lot (2) Yes, limited a little (3) No, not limited at all

9. Walking more than a mile:

- (1) Yes, limited a lot (2) Yes, limited a little (3) No, not limited at all

10. Walking several blocks:

- (1) Yes, limited a lot (2) Yes, limited a little (3) No, not limited at all

11. Walking one block:

- (1) Yes, limited a lot (2) Yes, limited a little (3) No, not limited at all

12. Bathing or dressing yourself:

- (1) Yes, limited a lot (2) Yes, limited a little (3) No, not limited at all

During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of your physical health?

13. Cut down the amount of time you spent on work or other activities: (1) Yes (2) No

14. Accomplished less than you would like: (1) Yes (2) No

15. Were limited in the kind of work or other activities: (1) Yes (2) No

16. Had difficulty performing the work or other activities (took extra effort): (1) Yes (2) No

During the past 4 weeks, have you had any of the following problems with your work or other regular daily activities as a result of any emotional problems (such as feeling depressed or anxious)?

17. Cut down the amount of time you spent on work or other activities: (1) Yes (2) No
 18. Accomplished less than you would like: (1) Yes (2) No
 19. Didn't do work or other activities as carefully as usual: (1) Yes (2) No

20. During the past 4 weeks, to what extent has your physical health or emotional problems interfered with your normal social activities with family, friends, neighbors, or groups?

- (1) Not at all (2) Slightly (3) Moderately (4) Quite a bit (5) Extremely

21. How much bodily pain have you had during the past 4 weeks?

- (1) None (2) Very mild (3) Mild (4) Moderate (5) Severe (6) Very Severe

22. During the past 4 weeks, how much did pain interfere with your normal work (including both work outside the home and housework)?

- (1) Not at all (2) Slightly (3) Moderately (4) Quite a bit (5) Extremely

These questions are about how you feel and how things have been with you during the past 4 weeks. For each question, please give the one answer that comes closest to the way you have been feeling.

How much of the time during the past 4 weeks... (choose one number on each line)

- | | All of
the time | Most of
the time | A good bit
of the time | Some of
the time | Little of
the time | None of
the time |
|---|------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|
| 23. Did you feel full of pep? | (1) <input type="checkbox"/> | (2) <input type="checkbox"/> | (3) <input type="checkbox"/> | (4) <input type="checkbox"/> | (5) <input type="checkbox"/> | (6) <input type="checkbox"/> |
| 24. Have you been a very nervous person? | (1) <input type="checkbox"/> | (2) <input type="checkbox"/> | (3) <input type="checkbox"/> | (4) <input type="checkbox"/> | (5) <input type="checkbox"/> | (6) <input type="checkbox"/> |
| 25. Have you felt so down in the dumps that nothing could cheer you up? | (1) <input type="checkbox"/> | (2) <input type="checkbox"/> | (3) <input type="checkbox"/> | (4) <input type="checkbox"/> | (5) <input type="checkbox"/> | (6) <input type="checkbox"/> |
| 26. Have you felt calm and peaceful? | (1) <input type="checkbox"/> | (2) <input type="checkbox"/> | (3) <input type="checkbox"/> | (4) <input type="checkbox"/> | (5) <input type="checkbox"/> | (6) <input type="checkbox"/> |
| 27. Did you have a lot of energy? | (1) <input type="checkbox"/> | (2) <input type="checkbox"/> | (3) <input type="checkbox"/> | (4) <input type="checkbox"/> | (5) <input type="checkbox"/> | (6) <input type="checkbox"/> |
| 28. Have you felt downhearted and blue? | (1) <input type="checkbox"/> | (2) <input type="checkbox"/> | (3) <input type="checkbox"/> | (4) <input type="checkbox"/> | (5) <input type="checkbox"/> | (6) <input type="checkbox"/> |
| 29. Did you feel worn out? | (1) <input type="checkbox"/> | (2) <input type="checkbox"/> | (3) <input type="checkbox"/> | (4) <input type="checkbox"/> | (5) <input type="checkbox"/> | (6) <input type="checkbox"/> |
| 30. Have you been a happy person? | (1) <input type="checkbox"/> | (2) <input type="checkbox"/> | (3) <input type="checkbox"/> | (4) <input type="checkbox"/> | (5) <input type="checkbox"/> | (6) <input type="checkbox"/> |
| 31. Did you feel tired? | (1) <input type="checkbox"/> | (2) <input type="checkbox"/> | (3) <input type="checkbox"/> | (4) <input type="checkbox"/> | (5) <input type="checkbox"/> | (6) <input type="checkbox"/> |

32. During the past 4 weeks, how much of the time has your physical health or emotional health problems interfered with your social activities (visiting with friends, relatives, etc.)?

- (1) All of the time (2) Most of the time (3) Some of the time (4) A little of the time (5) None of the time

How TRUE or FALSE is each of the following statements for you?

- | | Definitely
true | Mostly
true | Don't Know | Mostly
false | Definitely
false |
|---|------------------------------|------------------------------|------------------------------|------------------------------|------------------------------|
| 33. I seem to get sick a little easier than other people. | (1) <input type="checkbox"/> | (2) <input type="checkbox"/> | (3) <input type="checkbox"/> | (4) <input type="checkbox"/> | (5) <input type="checkbox"/> |
| 34. I am as healthy as anybody I know. | (1) <input type="checkbox"/> | (2) <input type="checkbox"/> | (3) <input type="checkbox"/> | (4) <input type="checkbox"/> | (5) <input type="checkbox"/> |
| 35. I expect my health to get worse. | (1) <input type="checkbox"/> | (2) <input type="checkbox"/> | (3) <input type="checkbox"/> | (4) <input type="checkbox"/> | (5) <input type="checkbox"/> |
| 36. My health is excellent. | (1) <input type="checkbox"/> | (2) <input type="checkbox"/> | (3) <input type="checkbox"/> | (4) <input type="checkbox"/> | (5) <input type="checkbox"/> |

Patient Signature: _____

Date: _____



ELECTRONIC HEALTH RECORDS INTAKE FORM

In compliance with requirements for the government EHR incentive program

First Name: _____ Last Name: _____

Email Address: _____

Preferred method of communication for patient reminders (circle one): Email / Phone / Mail

DOB: ___/___/___ Gender (circle one): Male / Female Preferred Language: _____

Smoking Status (circle one): Every Day Smoker / Occasional Smoker / Former Smoker / Never Smoked

CMS REQUIRES PROVIDERS TO REPORT BOTH RACE AND ETHNICITY

Race (circle one): American Indian or Alaska Native / Asian / Black or African American / White (Caucasian)
Native Hawaiian or Pacific Islander / Other / I Decline to Answer

Ethnicity (circle one): Hispanic or Latino / Asian / Not Hispanic or Latino / I Decline to Answer

Are you currently taking any medication? (Please include regularly used over the counter medications)

Medication Name	Dosage and Frequency (i.e. 5mg once a day, etc.)

Do you have any medication allergies?

Medication Name	Reaction	Onset Date	Additional Comments

I choose to decline receipt of my clinical summary after every visit (*These summaries are often blank as a result of the nature and frequency of chiropractic care.*)

Patient Signature: _____ Date: _____

<p>For office use only:</p> <p>Height: _____ Weight: _____ Blood Pressure: _____ / _____</p>



NOTICE OF PRIVACY PRACTICES (HIPAA) FORM

THIS NOTICE DESCRIBES HOW MEDICAL INFORMATION MAY BE USED AND DISCLOSED. PLEASE REVIEW IT CAREFULLY.

Alternative Health Care Center (AHCC) is required, by law, to maintain the privacy and confidentiality of your protected health information and to provide patients with notice of legal duties and privacy practices with respect to your protected health information.

DISCLOSURE OF YOUR HEALTH CARE INFORMATION

TREATMENT: We may disclose your health information to other health care professionals within our practice for the purpose of treatment, payment or health care operations. It may be necessary to seek consultation regarding your condition from other health care providers associated with AHCC. Substitute health care providers within AHCC may provide treatment to our patients in the event of your primary health care provider's absence due to vacation, sickness or other emergency situations.

PAYMENT: We may disclose your health information to your insurance provider for the purpose of payment or health care operations. As a courtesy to our patients, we will submit an itemized billing statement to your insurance carrier for the purpose of payment to AHCC for health care services rendered. The billing statement contains medical information such as diagnosis, date of injury or condition and codes which describe the health care services received.

WORKERS' COMPENSATION: We may disclose your health information in order to comply with State Workers' Compensation Laws.

EMERGENCIES OR DECEASED PERSONS: We may disclose your health information to notify or assist in notifying a family member, or another person responsible for your care about your medical condition or in the event of an emergency or of your death. We may disclose your health information to coroners or medical examiners.

PUBLIC HEALTH & SAFETY: As required by law, we may disclose your health information to public health authorities for purposes related to: preventing or controlling disease, injury or disability, reporting child abuse or neglect, reporting domestic violence, reporting to the FDA problems with products and reactions to medications, reporting disease or infection exposure, and preventing or lessening a serious threat to the health or safety of a particular person or to the general public.

JUDICIAL & ADMINISTRATIVE PROCEEDINGS: We may disclose your health information in administrative or judicial proceedings.

LAW ENFORCEMENT & SPECIALIZED GOVERNMENT AGENCIES: We may disclose your health information to law enforcement officials for purposes such as identifying/locating a suspect, fugitive, material witness or missing person, complying with a court order or subpoena and other law enforcement purposes, or for military, national security, prisoner and government benefits purposes.

CHANGE OF OWNERSHIP: In the event that AHCC is sold, your health information will become the property of the new owner.

YOUR HEALTH INFORMATION RIGHTS: You have the right to: request restrictions on certain uses and disclosures of your health information (however, AHCC is not required to agree to the restriction(s) that you request); inspect and copy your health information; request that AHCC amend your protected health information (however, AHCC is not required to agree to amend your protected health information. If your request to amend your health information has been denied, you will be provided with an explanation of our denial reason(s) and how you can disagree with the denial); request a paper copy of this Notice of Privacy Practices at any time upon request.

CHANGES TO THIS NOTICE OF PRIVACY PRACTICES: AHCC reserves the right to amend this Notice of Privacy Practices at any time in the future, and will make the new provisions effective for all information that it maintains. Until such amendment is made, AHCC is required by law to comply with this Notice. AHCC is required by law to maintain the privacy of your health information and to provide you with notice of its legal duties and privacy practices with respect to your health information.

I HAVE READ THE PRIVACY NOTICE AND UNDERSTAND MY RIGHTS CONTAINED IN THE NOTICE: By way of my signature, I provide AHCC with my authorization and consent to use and disclose my protected health care information as described in the Privacy Notice.

I authorize AHCC to use/disclose health information about me to (family member/friend): _____

Patient's Printed Name: _____

Patient's Signature _____

Date: _____